

**I love people. In return, I want people to love me.
So, the whole thing, I can tell you, it is just a game of love.**

Why on earth all these problems? What is the root cause of these problems?

Why is a lady getting problem? Why is a small child getting problem?

Why is a family getting broken up? What is the mother cause of all this?

The mother cause of all this was the man.

We have so many things.

We have so many agencies for the women, for the child, and other things.

There is no particular agency for the rehabilitation of the man. The main reason evolving the problem around is is the man and that particular man is neglected by the society, by the NGOs, by the government, by the people, by the family.

Where does this man go?

Ultimately, he also is a human being with feelings, with sentiments, with emotions, with mental thoughts, and with physical being. So, this is what is happening. Nobody is there to understand, just to say that he is a man, he can do anything.

No, he cannot. He also needs love. He needs sharing. He needs somebody to care for him.

Love is not just sexual relationship between each other, that is not love, that is just lust. When you have a kind of relationship between each other physically, it is just lust, but here a man needs caring.

So, he needs somebody to care. Who is that care?

Supposing I am a man, I have a habit of consuming alcohol, I don't think, you know, anybody really likes me; nobody understands me.

As a man, where do I go?

Come back home, the wife shouts, uses all bad language, and tells

“No, no, no, don’t go to your father.” Back to my mother, my mother does not like me because I have consumed alcohol, but why have I consumed alcohol? –
That is the main thing.

If one man has to be rehabilitated, the whole family is rehabilitated.

If I have to give 10 lakh rupees to a woman and tell her to do a self-development kind of course, at the end of the year, out of the 10 lakhs, she converts the 10 lakhs into 20 lakhs but still, the problem exists the same.

She had a problem with her husband; she had a problem with her husband’s addiction; husband was consuming alcohol; after consuming alcohol, he was abusing her, he was physically torturing her, and he had a very bad name in the society

So, why is there a problem?

Money is not the priority here. Here, the priority is to understand the man’s problem. What is he doing? Why is he doing? Physically, what is he?

When I was working in Vanitha Sahayavani, I used to see only, you know, hundreds of ladies sitting along with their children, and the police department found it so difficult to get the man to the counseling centers. With the help of the police department, it is very difficult.

There I found, among those women and among those children, who is not there? - the men.

So, who should come? – the men.

Why is the man not coming? - because of the fear, because of the anger, because of the low self esteem, because of the resignation, because of his poverty or other problems.

So, let me find out what is this. This is how from the crowd of the women and children, I just took 2 steps ahead, and I said “Hello, gentlemen, I am there for you.” When I touched him, when I caught his hand, and is said “Come! Come with me, I am there for you.”

Any person who is addicted to any kind of alcohol, drugs, chemical, sex addicts, food addicts, bribery – see addiction is not only alcohol. Addiction has many other substitutes.

First, when I see what exactly is the problem, I speak to the wife. I speak to the child. I analyze the statements made by the wife and by the child and then I start telling the wife “Your husband is like this. Your husband is like this.”

When he is not consuming alcohol or when he is not drinking drinks, “He is the best person?” She says “Yes.” I try to put more positive points to the wife so that those negative points will get suppressed. I give her a hope of life to say that if you concentrate on this, you may have a very beautiful husband, you may have a very beautiful life because once the husband is having a problem, that does not mean that “I give a divorce to him or he gets out of my life, my problem ends.” Definitely, there is another man in my life again. How can I assure the second man who is going to be in my life is not the same as the first one? So, it is always, you know, better to deal with a known devil than an unknown angel.

I don’t know who is that unknown angel, but I know this is the devil that I can deal with. So, it is better for you to deal with the known problem, whatever it is, rather going for an unknown problem.

So, when they come down, I take the person. I make him stay here for a period of 3 months and then, for the first month, I don’t speak to him anything, I just give him spiritual classes and the places where he had failure in his life. I catch the points of the failure in his life - “

How you did not become a good husband? How you did not become a good father? Why were not you a good son? Why were not you a good brother?

Overall, why were not you a good human being?” So, I make him research, I make him realize that “First, find the good human in you. You are a good human.

But that good human is deep down somewhere in your heart, pull him out.” And I make him stand in front of me and say “Look, you are such a beautiful human being

Here, the only capital investment what I have to invest in them is love, motivation, and inspiration. These are the major investments what I have to make. I have to tell them "I love you. I am there for you. I care for you."

I present myself as very simple, very easygoing person without any demands.

The biggest problem with me today is I don't ask for help. "I don't have any problem. My wife is having a problem. I don't have a problem with her" - Denial. I make them accept what is the problem within them. That is how I go to the roots of the problem.

When I was married to a family of 16 members, to a very big family, to a very traditional family, and coming from a very traditional Muslim family, I was not knowing what is love. The kind of love what I had shared was, you know, "You give me your chocolate, I will give back a chocolate to you." "You wash my clothes. I wash your clothes." But deep down in me is not what I want." From a young age, I had a kind of different thinking that "this is not love, this is not peace, this is not human." A real human, according to me, is a person who understands the other human's pain." Unless and until you don't understand the pain of other human, I cannot call myself as a human being.

The woman in a Muslim family has no rights to come out. She has no rights to express herself, and I was also belonging to such kind of family and the kind of ideas and the kind of work what I used to do - like I used to stay in the kitchen and do all the work and then, when there was a problem with my husband, with my father-in-law, my brother-in-law, I just used to sit and say "Let us do it like this, like this, like this." And, you know, my father-in-law, my brother-in-law, or my husband used to take that particular work and represent in front of everybody as if they have done it. Few days, I said "Ok, fine," but at the end of day, you know, I felt "I think there is something in me hidden. There is a hidden talent in me. I have to put it out."

Then, slowly I started accepting the problem of the village. I stayed in a very remote, isolated village in Dakshin Kannada where, you know, even if I have to go to the roadside, I have to walk about 3 kilometers and then go with all that Burkha and all that closing of your face and other things.

Then, I thought that I have to do my postgraduation. That is the reason I did it through the correspondence because I was not allowed to go to the college, but still, that could not stop me.

I said “No, I am going to do that.” I saw the papers and I just wrote back to them.

I got all the prospectus. I sent it. I did everything. And then, when I started doing the programs and other things, you know, counseling the people, the way I talk, and things like that, people started finding in me that I was an angel. I was an angel in their life.

What I feel and think is, especially if a woman has a strong thinking, a clear thinking, a good heart, without any expectation, definitely, she will become a successful lady – whatever is her husband.

I was able to convince my husband over a period of 14 years. You know, I did all the things to please him. I was never a bad wife, a bad mother and I never gave any opportunity to say that I was bad anywhere.

I always used to be the best. So, then I told “See, I am the best everywhere. Why don’t I get an opportunity for this?”

And, that is how he gave me a small way, a narrow path, “Ok, you can go in this narrow path.” But I was such a smart and clever person that I started my path, you know, simultaneously along with him holding my hand with him and said “Come, you walk with me.”

Here, the problem comes when I start walking alone. It is a security for me and it is a kind of confidence for me, “Yes, my husband is besides me.”

What I added to my trust and belief is love. I have been married to this person for the past 18 years and of course, I have ups and downs.

I may say "This is correct," then he may say "This is correct."

You know, there are differences of opinions and at the end of the day, we both are husband and wife.

I don't forget that I am a wife. I don't forget that I am a daughter-in-law.

Unless and until we don't have certain terms and conditions for anything whatever we do will have no proper border, no proper body. Maybe, I can accept my husband if he has a second woman in his life, but my husband will never accept me even if I have a small thought about it.

As a man, India is a male dominated country. But this is not what the real Muslim society is. As you can see, if I go back to the history 1400 years ago, that is our Prophet Mohamad, his first wife was a very successful businesswoman.

The lady who is doing it should do it within her limits.

We have a limit for everything. For example, as a man smokes on the road, I cannot do that. I am not permitted in Muslim. As a man, he can have 10 illegal affairs without anybody's knowledge, whereas I cannot do that.

Even if he does, it is a haram. Even if I do that, it is a haram. It comes under the thing of sin, but still people accept him. People don't accept me. We should know as a lady what is our limit. We should not go beyond that, only for that.

I don't forget that I am a sister-in-law. I don't forget that I am a mother for 3 children. I cannot give anybody the quantity, but I give them the quality. If I love my husband, I love him for 1 hour, but I make him that I love him throughout the day.

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Husband and wife relationship – the basic, foremost, and important thing between husband and wife, if your relationship should be good, you should have a very understanding sexual life.

The most important thing for any husband and wife, anybody, rich, poor, black, white, any Indian, foreigner, whatever it is.

Once you have that concreted, healthy relationship with sex, I think 60% of your problem solves.

When I am very down, frustrated, and angry with my husband, the only weapon what my husband has is the sexual relationship and when we have that particular relationship, at that particular time, I am not a wife, I am not a mother, I am not a sister, I am nothing. I am just a girlfriend to him.

Maximum what it is, just talk about love. Just talk about the beauty what you have seen in each other. Just talk about good. How does he feel when he touches me. How do you feel when I touch you?

Have that exchange. How do I feel when he hugs me, when he kisses me?

How do I feel when he leaves me alone?

You just have that small discussion, you can see miracle just coming out.

Next day, I am so fresh. All my frustration has gone.

Mentally, I am so strong. I have new thinking, new buildings. The day I don't have the sexual relationship, I will have that - this bloody fellow did not come and kiss me, this bloody fellow did not touch me, I am not going to spare him. My things are building up.

Over a night, you can see the miracle in your life.

I get hundreds of mails that you are the future Mother Theresa. I don't know what I am. When I recently attended an international conference at Trivandrum, many people were telling me that I think you will be youngest noble prize winner.

I don't even know about that.

Because here, whatever I am doing is for myself first. Only then, I am doing it for others. Unless and until, you don't do things for yourself, you don't do it for others. . Respect yourself, love yourself, give everything to yourself and that everything will become so excess that you can start giving it to others.

So But here, in today's nuclear world, what my man has become, why my human has become, he become very selfish, he is a very jealous person, he doesn't not like others coming up, he doesn't not like the way the world is looking at him.

He has so much of problem with the people that he is not able to see his problem.

Forget about everybody's problem.

I don't know what is your problem, boss. My problem is I want people to love me .